



The "Oasis" Newsletter

Suburban Life Magazine Features Oxygen Oasis Hyperbaric Wellness Center



"Patients who struggle with the incapacitating symptoms of Lyme disease and other inflammatory ailments find healing relief through Oxygen Oasis Hyperbaric Wellness Center."

[Read More About Treating Lyme Disease with HBOT](#)



March is Brain Injury Awareness Month

More than 1.7 million people sustain traumatic brain injuries every year. They happen on our roadways, on the battle field, on the playground and on the football field. Traumatic Brain Injury (TBI) is a disruption of normal brain function caused by a bump, blow, jolt or penetrating wound to the head caused by an external force.

TBI causes primary injury to brain tissue which may cause damage to the axons or “wires” that connect brain structures as well as bleeding or bruising of brain tissue. This leads to an inflammatory response, as the brain responds to injury, producing swelling and increased pressure within the brain. This increased pressure can impede blood flow and cause varying levels of oxygen deprivation in brain tissue, a potential cause of brain dysfunction or cell death.

[Click Here to Read Studies on How HBOT Helps TBI Symptoms](#)



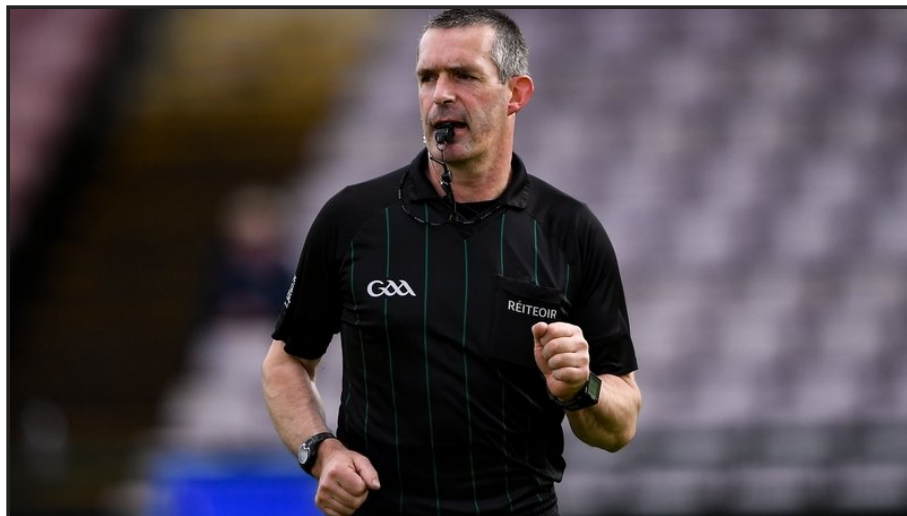
Long COVID, and How Hyperbaric Oxygen Therapy (HBOT) Can Help Relieve It

Increasing the saturation of oxygen in the body can facilitate increased capillary growth and white blood cell activity, the development of new tissue, and countless other physiological benefits.

Though HBOT will still bring these benefits to long haulers, it will help them by reversing neurological hypoxia and reducing neuroinflammation. According to science magazine [Scientific American](#), this is because even mild COVID cases can result in reduced brain volume and difficulty in processing information

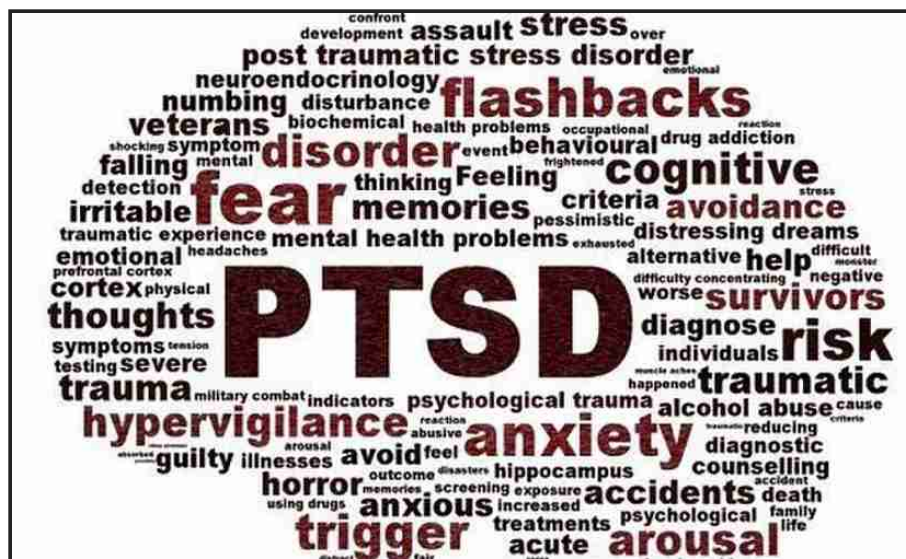
[Read more about how HBOT can improve Long Haul Covid](#)

~HBOT Regenerates Brain Tissue~



Referee, James Owen, reported that he overcame long haul Covid-19 side effects through HBOT treatment. Before treatment he was experiencing fatigue and shortness of breath to the point of not being able to run. After 5 HBOT treatments, James felt significant improvement in his energy levels and lung capacity. HBOT can be used to treat lingering Covid symptoms by reducing neuro-inflammation, reversing hypoxia, and improving tissue oxygenation.

[Read More About How Referee, James Owens Recovered](#)



What Are the Benefits of Hyperbaric Oxygen Therapy?

A new study by Israeli scientists focused on using HBOT to treat patients suffering from psychological trauma. The study showed that HBOT can significantly alleviate the symptoms of those suffering with PTSD. After completing the protocol of 60 treatments, these veterans showed significant improvements in the following symptoms; hyper-arousal, avoidance, depression, psychiatric medications, and psychotherapy.

[Click Here to Read the Full Article](#)

Mild Covid-19 Cases Linked to Brain Damage



Recent research shows that even mild cases of Covid are linked to brain damage. The British study found that cases of covid-19 can cause long term tissue damage and accelerated losses in the brain regions tied to sense of smell. Additionally, these mild cases are associated with cognitive function deficit. Hyperbaric oxygen in its simplest form can improve cognitive function by saturating the brain with 100% oxygen. HBOT can also help reduce inflammation caused by the Covid virus and help patients return to normalcy.

[Read More Now](#)



In order to help others learn about the benefits of Hyperbaric Oxygen

Therapy, please share this email with your friends and family.

Newsletter

~ The Oxygen Oasis Mission ~



Vicky Bliss, President & CEO

To offer a safe harbor for healing in a state-of-the-art Wellness Center, providing extraordinary care, through Hyperbaric Oxygen Therapy and Wound Care. Our primary focus is overall wellbeing and quality of life for our patients and their families.

Visit O2 Oasis

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