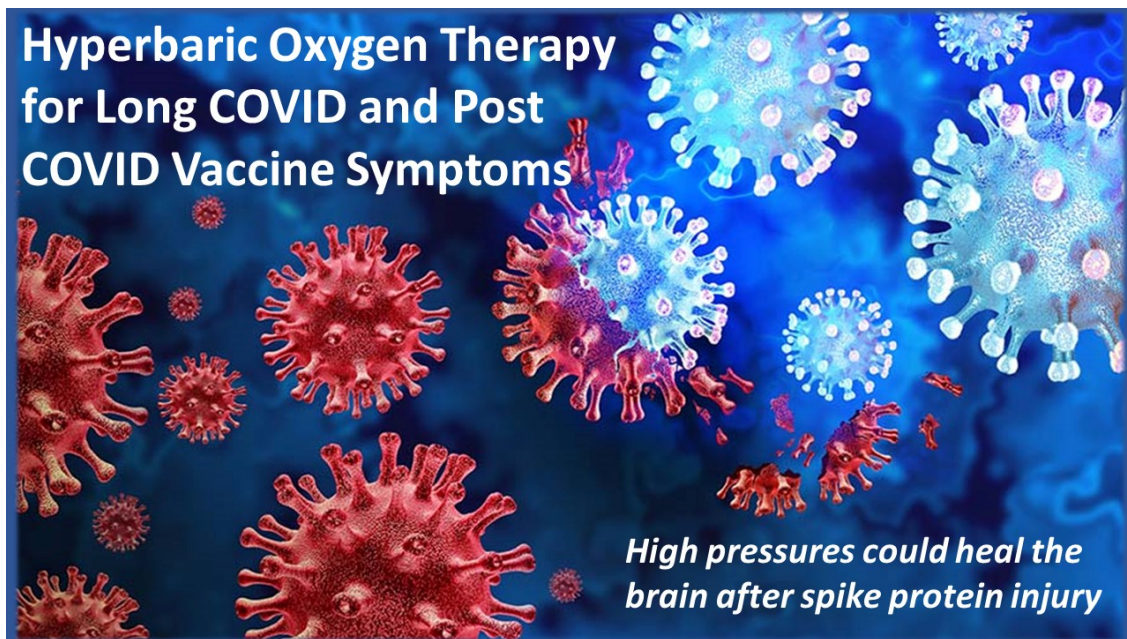




The "Oasis" Newsletter



Our Safety Director and Certified Hyperbaric Technologist - Jason Friel, describes the benefits of Hyperbaric Oxygen Therapy for COVID Long Haul and relief of symptoms experienced by our patients.



A newly released article highlights recent studies and doctors' clinical experiences suggesting that hyperbaric oxygen therapy can help long covid and post covid vaccine symptoms. HBOT increases anti-inflammatory genes and reduces the activity of pro-inflammatory genes. The article states, "Doctors' reason both long COVID and post-vaccine symptoms are driven by a chronic exposure to spike protein, which promotes immune dysregulation and inflammation, this therefore makes conceptual sense that HBOT may work as a potential treatment." HBOT also stimulates the growth of blood vessels to improve blood flow and repair tissue. This further indicates that HBOT can help repair tissue damaged from spike protein injuries. Overall, the studies on long COVID showed that HBOT treatment improved fatigue, brain fog, cognitive function, energy, mental health, and sleep.

[Check out the Article here](#)

**Hyperbaric oxygen therapy improves neurocognitive
functions and symptoms of post-COVID condition**



Professional basketball player, Edmond Sumner, has spent the last year recovering from a torn left Achilles. After surgery, as a part of his recovery process, he underwent hyperbaric oxygen therapy treatments to expedite the healing process and get the Achilles healed faster. HBOT helps the body heal at a cellular level, so when white blood cells receive oxygen, they can reproduce new blood vessels, kill bacteria, and reduce inflammation. Other benefits of HBOT after surgery are relieving pain, swelling, and bruising.

[Click here to read the full study](#)

Sudden Hearing Loss Should be Treated Quickly After Onset



About **one out of every 5,000 adults** experiences sudden-onset hearing loss annually. That number could be much higher due to the number of cases that go

unreported and undiagnosed. Men and women are affected equally, and the average age of first occurrence is typically mid-40s to mid-50s.

Arlene Martin lost her hearing in her right ear while driving herself home from a workout. She became extremely dizzy, and her hearing became discombobulated. She was diagnosed with sudden hearing loss and her doctor suggested trying hyperbaric oxygen therapy. Her physical therapist explained to Arlene that “HBOT helps push oxygen, not only into the blood system but to the tissue level. The cells get 100% oxygen along with the tissue around the cells and the fluid that bathes the cell.” HBOT gave Arlene hope and a new appreciation of life as she regained almost all her hearing back post treatment.

Cognitive and Behavioral Function is Improved With the Use of HBOT

**New study reveals that HBOT is an
effective treatment for children suffering
from Post-Concussion Syndrome**

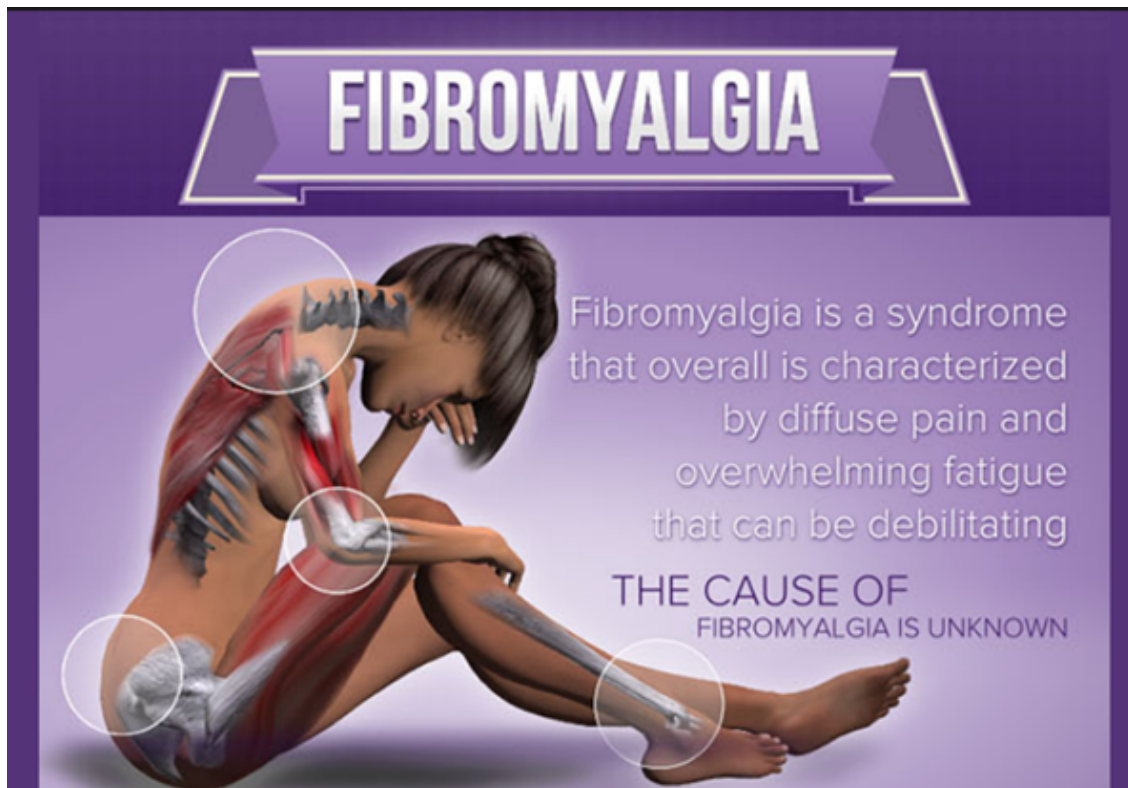


A new study by the Sogol Center for Hyperbaric Medicine and Research at Shamir medical center reveals hyperbaric oxygen therapy as an effective treatment in children who suffer from post-concussion syndrome. Children suffering from post-concussion syndrome have trouble concentrating or processing words, fatigue, anxiety, irritability, headaches, and dizziness. The study protocol was 60 daily HBOT sessions, five sessions per week over a three-month period. HBOT healed the damaged brain tissue and relieved symptoms in children with PCS. The study results suggested that HBOT will

improve cognitive, behavioral function and quality of life in pediatric patients suffering from PCS.

[Read the full article here](#)

Hyperbaric Oxygen Therapy has Shown Great Results in Relieving the Symptoms of Fibromyalgia.



High-pressure oxygen has been medically proven to be the most effective treatment for fibromyalgia. A clinical trial conducted at Tel Aviv University in Israel involved 60 women diagnosed with fibromyalgia. After successfully treating with hyperbaric oxygen therapy, patients were able to drastically reduce or eliminate using pain medication. Other results included elimination of chronic pain, improved sleep, increased energy physically and mentally, and overall improvement in their quality of life.

[Click this link to learn more](#)

Benefits of Hyperbaric Oxygen Therapy for Anti-Aging

Hyperbaric Oxygen Therapy for Anti-Aging



- Increases collagen & elastin production
- Reduces stress & anxiety
- Improves mobility and stamina
- Increases antioxidant production
- Improves memory and reaction time
- Combats and prevents circulatory disease

Researchers from the Tel Aviv University and the Shamir Medical Center in Israel found that hyperbaric oxygen therapy can reverse two major processes associated with aging and illnesses: the shortening of telomeres (the protective regions located at both ends of every chromosome) and the accumulation of old and malfunctioning cells in the body. The study suggests that HBOT in healthy aging adults can stop the aging of blood cells and reverse the aging process. In a biological sense, the blood cells grow younger as the HBOT treatments progress.

[Read more about the benefits of HBOT for anti aging](#)



In order to help others learn about the benefits of Hyperbaric Oxygen Therapy, please share this email with your friends and family.

Newsletter

~ The Oxygen Oasis Mission ~

To offer a safe harbor for healing in a state-of-the-art Wellness Center, providing extraordinary care, through Hyperbaric Oxygen Therapy and Wound Care. Our primary focus is overall wellbeing

and quality of life for our patients and their families.



Vicky Bliss, President & CEO

Visit O2 Oasis

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